



Transplant Recipients Preparing for your Discharge

Discharge planning starts when you enter the hospital. Here is some information to help you participate in your discharge planning.

Do I get to take part in my discharge planning?

Your doctor and the health care team will meet with you to discuss your discharge based on your needs. You may be discharged to your home, or to acute or sub-acute Rehabilitation. This will depend on your level of functioning at the time of discharge. To help find out about your discharge needs, please think about the following:

- Are you currently receiving home care services? If YES, tell your social worker the name and phone number of the agency.
- Where do you plan to stay to recover?
- Do you live alone? If not, who do you live with? Are they able to help you? Do they work or will they be with you at home?
- Do you have a caregiver? If so, who is it?
- Do you live in an apartment or a private home? Are there steps to climb to get into your apartment/home? Will you be able to get around your home?
- Do you use a cane, a walker or a wheelchair?
- What type of transportation will you use to get home and to your appointments?

If you have any questions about any of the above, please speak to your social worker.

When will I be discharged?

Your doctor will decide when you are medically ready to go home. Your doctor and the health care team will work with you to help you get ready to go home. Your discharge depends on how you are recovering after your transplant. To confirm your discharge date, ask your doctor when the team makes rounds.

Please arrange for family or friends to pick you up on the day you are going home.

7HS Visitor Guidelines

Dear Patients and Visitors,

Here on 7HS, we understand and greatly appreciate the positive impact family and friends can have on the recovery of our patients. Due to the complexity of care required by our patients, it is important that the nursing staff work collaboratively with our visitors in providing the care needed by our patients. In an effort to promote an environment where optimal nursing care can be delivered, while respecting the social needs of our patients on 7HS, we would like to offer these guidelines:

1. Hospital visiting hours are from 12 pm to 8 pm.
2. Each patient may have two visitors at a time.
3. Adults must supervise children at all times. Children cannot be left unattended and visitors may be asked to leave if the children are disruptive.
4. For patient safety and privacy, all visitors must leave the patients room when care is being given.
5. Families should designate a single spokesperson to call the unit for updates on patient progress. This will decrease the amount of phone calls for the nurses, who taking care of patients. Federal regulation limits information given over the phone.
6. Overnight stays are not permitted. Exceptions can be made if the patient is in a single room and at the discretion of the Nursing Director.
7. Visitors may not use patients' bathrooms. Public bathrooms are located by the elevators.
8. Visitors and patients may not sit on or use beds that are empty, due to infection control issues.
9. If supplies are needed for the patient, please ask a staff member for assistance. Do not enter the utility room on your own.
10. Cellular phones may be used in the hospital only in clearly designated areas. We ask that visitors not use cellular phones in the patient room, but in public areas, such as the waiting room, to decrease noise levels for our recovering patients.

Thank you for your time and cooperation on these matters.

Respectfully,

The Staff of 7HS